

## September 30, 2011 Meeting Notes

Reminder of Celiac & Food Allergy Expo November 5 from 10:00 - 4:00 at The Patriot Center in Rothschild. If you are interested in volunteering, let us know and we can let you know who to contact. You can get more information at [www.wisconsinfgexpo.com](http://www.wisconsinfgexpo.com).

Gorton's Grilled Fish is gluten free. They have implemented procedures at the production location to avoid cross-contamination, and there is ongoing monitoring and testing to ensure that their grilled fish is GF. Look for the gluten free stamp on the Nutrition Label. Products include the All Natural Lemon Pepper, Garlic Butter, Lemon Butter, Cajun Blackened and Italian Herb Grilled Fillets; the Classic and Lemon Butter Grilled Salmon; Roasted Garlic & Butter, Signature and Lemon Peppercorn Grilled Tilapia; and Signature Grilled Haddock. Website: <http://www.gortons.com/glutenfree.php>

Gluten Free items now available at Lambeau Field. The Packer organization has added a gluten-free concession cart on the main concourse by section 133. The options include GF hot dogs, chili dogs, nachos, Redbridge beer, caramel and cheddar popcorn mix, Eden Organic Pumpkin Seeds, Eden Organic Beery Mix, Larabars, NuGo Free Dark Chocolate bars, skittles and gummy bears. Article link: <http://www.greenbaypressgazette.com/article/20110907/GPG0504/110907096/New-Lambeau-Field-eats-include-gluten-free-items-loaded-hot-dogs>

One of our members emailed that she found Bob's Red Mill GF products at Big Lots in Stevens Point recently.

The Gluten Intolerance Group of North America is a national organization supporting those living gluten free. Their new member packet is filled with resources and information on many celiac and gluten free related topics. Members also receive quarterly newsletters packed with research updates, articles, and product information. Membership is \$35 per year. <http://www.gluten.net/>

All of our gluten free library books will be donated to the Portage County Public Library. They will be available at the downtown Stevens Point location in the next few months. This will offer group members more convenient access to the books and make them available to all community members.

We were mailed a complimentary copy of Elana Amsterdam's new Gluten-Free Cupcakes book. We haven't had much time to review it yet but the photos look decadent. The book will be available at the public library in the near future. <http://www.elanaspantry.com/>

Next meeting - possibly first week of December. Pre-meeting presentation from Wildtree with samples from their new gluten free baking line: <http://www.wildtree.com/Home/default.aspx>. Everyone bring their favorite holiday treat and the recipe and we will do a recipe exchange. Discussion on being gluten free during the holidays.