

Dear Gluten Free Friends,

Mary wrote this email and thought it would benefit and be helpful to others in Gluten Free Stevens Point.:

This was an interesting article from the celiac.com website. I've found that as more gluten free products are becoming available it's become even more important to read the labels. I hadn't realized this GF DiGiorno pizza had wheat starch as an ingredient (see article). I also hadn't realized that the new Nabisco Gluten Free Oreos were made with oats until more closely reading the package and realizing these are not certified gluten-free oats.

[Is DiGiorno Gluten Free Pizza Really Gluten-Free? - Celiac.com](http://celiac.com)

Thank you Mary for sharing.

Sincerely,

Elaine Rubel