

February 2021

Dear Gluten Free Friends,

*(As a disclaimer, as you look for places to buy food, be aware that toxic fragrances including essential oils with their VOCs may be marketed and used.)*

Below are some fresh or GF food resources which were shared with me. If any of you have further information about these resources, please share with me.

**NON-"BIG BOX GROCERY STORE" FOOD VENDORS**  
*SOURCES OF GF, ORGANIC, AND/OR GRASS-FED, ETC. FOOD*

**CSAs – Community Supported Agriculture**

*You pay a local farmer for a season and get boxes of produce periodically in return.*

General Information: <https://www.localharvest.org/csa/>

CSAs in central Wisconsin (with links to their websites, just click on their name):

<https://www.localharvest.org/search.jsp?jmp&scale=8&lat=44.4507&lon=-89.5428&ty=6>

**Stevens Point Farmers Market**, Mathias Mitchell Public Square, Main Street, Stevens Point

*This is the longest-running farmers market in the state of Wisconsin, open since 1847.*

May – October, 7 a.m. until the vendors sell out, usually about 2:30 p.m.

Phone: (715) 344-4104

Website: <http://www.stevenspointfarmersmarket.org>

Facebook page: Stevens Point Farmers Market

**Stevens Point Area Winter Farmers Market**, Stevens Point

Saturdays, 8 a.m. – noon, November – April, at Redeemer Lutheran Church (behind Fleet Farm)

Email: [spawinterfarmersmarket@gmail.com](mailto:spawinterfarmersmarket@gmail.com)

Website: <https://bit.ly/2FocvRU>

Facebook page: Stevens Point Area Winter Farmers Market

Also look for **private vendor stands** along highways in the Stevens Point area and out of town.

Possible local locations:

- At the 10/51 gas station (where Country Club Drive meets the highway)
- Church Street on the south side of Stevens Point (parking lot on the west side of the street)
- Post Road in Plover (on the east side of Post Road a little north of the Post Office)

Look for farmers markets in other cities, also. Some, like Madison, may have more than one.

**Dane County Farmers' Market**, Capitol Square (Saturdays) and another place (Wednesdays)

*The DCFM is reported to be the largest producer-only farmers' market in the country.*

Look for winter locations, also, such as at Monona Terrace.

Website: <https://www.dcfm.org/>

**Ski's Meat Market** 5370 US Hwy 10 East, Suite C, Stevens Point

Meat: beef, pork, poultry, seafood, brats, venison processing  
Salmon: wild-caught salmon (more nutritious with Omega-3 oil than farm-raised salmon)  
Beef: GF, grass-fed, but corn finished (for fat/marbling), at least as of a few years ago  
A wide variety of other food items available in the store.  
Phone: (715) 344-8484  
Website: <https://www.skismeatmarket.com>  
Facebook page: Skis Meat Market

**Pete's Meat Service**, 1665 Main St., Rudolph  
In addition to processing meat (organic certified meat processing plant), they also sell it.  
Meat for sale includes sausage, breakfast sausage, bratwurst, ground beef, ham, pork, chicken  
For more information or to order:  
Phone: (715) 435-3250  
Email: [petesmrk@wctc.net](mailto:petesmrk@wctc.net)  
Facebook page: Pete's Meat Service, LLC

**Nutrition Discount Center (NDC)**, 5474 Hwy 10 East, Suite 3, Stevens Point  
Food selection includes GF, organic, and frozen "local" meat.  
Phone: (715) 544-6040  
Email: [staff@nutritiondiscountcenter.com](mailto:staff@nutritiondiscountcenter.com)  
Website: <http://www.nutritiondiscountcenter.com/>  
Facebook page: Nutrition Discount Center – Stevens Point, WI

**Stevens Point Area Co-op**, 633 2nd St., Stevens Point  
Food selection includes GF, organic, and frozen "local" meat.  
The **Earth Crust Bakery** also operates out of here, has GF baked goods.  
*Stevens Point Area Co-op information:*  
Phone: (715) 341-1555  
Email: [info@spacoop.com](mailto:info@spacoop.com)  
Website: <http://www.spacoop.com/>  
Facebook page: Stevens Point Area Co-op  
*Earth Crust Bakery information:*  
Phone: (715) 341-4155  
Website page: <http://www.spacoop.com/earthcrust.html>  
Facebook page: Earth Crust Bakery